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# Determination of the class III antiarrhythmic drugs dronedarone and amiodarone, and their principal metabolites in plasma and myocardium by high-performance liquid chromatography and UV-detection

# Robert W. Bolderman<sup>a,\*</sup>, J.J. Rob Hermans<sup>b</sup>, Jos G. Maessen<sup>a</sup>

<sup>a</sup> Cardiovascular Research Institute Maastricht, Department of Cardiothoracic Surgery, Maastricht, The Netherlands <sup>b</sup> Cardiovascular Research Institute Maastricht, Department of Pharmacology, Maastricht, The Netherlands

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# ABSTRACT

Dronedarone, a noniodinated benzofuran derivative of amiodarone, is believed to have a better side effect profile, and is currently undergoing phase III clinical trials. A novel method was developed for the determination of dronedarone and its principal metabolite debutyldronedarone in both plasma and myocardial tissue by high-performance liquid chromatography (HPLC) coupled with UV-detection. The assay was also validated for determination of amiodarone and desethylamiodarone. Samples were obtained from healthy humans (plasma) and goats (plasma and myocardium). Sample preparation included deproteinization with acetonitrile and extraction with a mixture of heptane and dichloromethane (50/50, v/v). Chromatographic separation was performed on a Pathfinder PS polymeric C18 column (50 mm × 4.6 mm, 2.5  $\mu$ m) with a mobile phase of acetonitrile, isopropanol, water and ammonia (80/10/10/0.025, v/v/v/v) at a flow-rate of 1 ml/min. Calibration curves of all analytes were linear in the range of 0.01–5  $\mu$ g/ml for plasma samples, with a lower limit of quantification (LLOQ) of 0.04  $\mu$ g/ml. For myocardial tissue samples, linear curves of all analytes were observed in the range of 0.02–500  $\mu$ g/g, with a LLOQ of 0.08  $\mu$ g/g. Within- and between-day precision was <18%, and within- and between-day accuracy ranged from 97.5 to 109.7%, with a recovery of 67.6–79.9%. The present method enables sensitive and specific detection of dronedarone, amiodarone and principal metabolites in plasma as well as myocardial tissue.

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## 1. Introduction

Amiodarone, a benzofuran derivative synthesized in 1962 as a coronary vasodilator, is now recognized as one of the most effective drugs in the treatment of both atrial and ventricular arrhythmias [1]. It exerts very complex electropharmacologic effects, including classes I, II, III and IV antiarrhythmic actions, with marked differences between short-term and long-term effects [2]. Despite its potent efficacy, long-term use of amiodarone is limited by serious side effects such as thyroid dysfunction, pulmonary toxicity and hepatic toxicity [3]. Unusual pharmacokinetic characteristics, especially the large volume of distribution and long elimination half-life (up to 6 months) of both the parent drug and its primary metabolite desethylamiodarone, further complicate the clinical use of amiodarone.

Since most of the unfavourable properties of amiodarone are probably due to the presence of its iodine moiety, several noniodinated benzofuran derivatives have been synthesized. Of these modified analogues, dronedarone is most advanced in clinical development [1]. Like amiodarone, dronedarone blocks multiple ion currents and shares the low potential for causing torsades de pointes. Dronedarone has a serum half-life of about 24 h and does not significantly accumulate in plasma or tissue. This also holds true for its principal metabolite debutyldronedarone, which possesses less pharmacologic activity. Recent phase III trials comparing dronedarone treatment with placebo in patients with atrial fibrillation showed efficacy of the drug, while adverse events did not significantly differ between both groups [4,5]. Therefore, dronedarone is expected to receive regulatory approval for several indications concerning atrial fibrillation.

Many assays for the determination of amiodarone and desethylamiodarone in plasma using high-performance liquid chromatography with UV-detection (HPLC–UV) have been described in the literature, of which 40 procedures were compared in a review by Pollak [6]. In recent years, HPLC has also been coupled to mass spectrometry and chemiluminescent detection for even more

<sup>\*</sup> Corresponding author at: Cardiovascular Research Institute Maastricht, Department of Cardiothoracic Surgery, Universiteitssingel 50, P.O. Box 616, 6200 MD Maastricht, Limburg, The Netherlands. Tel.: +31 43 3881066; fax: +31 43 3877075. *E-mail address*: r.bolderman@ctc.unimaas.nl (R.W. Bolderman).

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specific and sensitive quantification of amiodarone and desethylamiodarone [7–11]. To the best of our knowledge, no detailed high-performance liquid chromatography (HPLC) assay for the determination of dronedarone and debutyldronedarone has been described so far. Therefore, the primary aim of the present study was to develop an HPLC method for the determination of dronedarone and debutyldronedarone in plasma as well as in the therapeutic target, i.e. in myocardial tissue. Furthermore this assay was validated for determination of amiodarone and desethylamiodarone. Thus we here present a uniform assay that can be applied for detection of both dronedarone and amiodarone as well as their principal metabolites.

## 2. Experimental

## 2.1. Chemicals

Dronedarone, debutyldronedarone, amiodarone and desethylamiodarone were a gift from Sanofi-Aventis (Sisteron, France) (Fig. 1). 4,4'-Methylenebis(2,6-diisopropyl-N,N-dimethylaniline)

## Dronedarone



## Debutyldronedarone



## Amiodarone



## Desethylamiodarone



# Internal standard



Fig. 1. Chemical structures of dronedarone, debutyldronedarone, amiodarone, desethylamiodarone, and internal standard.

(internal standard) and glycine were purchased from Sigma–Aldrich (St. Louis, MO, USA). Trifluoroacetic acid, ammonia (25%) and sodium hydroxide were obtained from Merck (Darmstadt, Germany). HPLC grade methanol, heptane, dichloromethane, acetonitrile and isopropanol were supplied by Biosolve (Valkenswaard, The Netherlands). A Milli-Q Plus water purification system (Millipore, Amsterdam, The Netherlands) was used to obtain purified water. All other reagents were of analytical grade.

## 2.2. Biological samples

Samples were obtained from healthy volunteers (plasma) and goats (plasma and left ventricular myocardial tissue). Blood was drawn from a peripheral vein and collected in EDTA-containing vacutainer tubes (Becton-Dickinson, Franklin Lakes, New Jersey, USA) and centrifuged (at  $3500 \times g$ ,  $10 \min$ ,  $4^{\circ}$ C) to obtain plasma. Left ventricular tissue samples were homogenized in water (1:3, w/v) with a tissue blender. Plasma and tissue homogenates were stored at  $-80^{\circ}$ C.

#### 2.3. HPLC-UV analysis

The HPLC system consisted of a Shimadzu LC-10AD liquid chromatograph, a SIL-10AD autoinjector and a SP8490 variable wavelength UV-detector (Newport Spectra-Physics, Utrecht, The Netherlands) set at 254 nm. LabSolutions software (Shimadzu, Kyoto, Japan) was used for instrument control and data acquisition. HPLC separations were performed on a Pathfinder PS polymeric C18 column (50 mm  $\times$  4.6 mm, 2.5  $\mu$ m) (Shimadzu, Kyoto, Japan) as stationary phase. Each 10-min chromatographic run was carried out at a flow-rate of 1 ml/min with a mobile phase of acetonitrile, isopropanol, water and ammonia (80/10/10/0.025, v/v/v).

## 2.4. Standard solutions

Stock solutions of  $2000 \mu g/ml$  of dronedarone, debutyldronedarone, amiodarone, desethylamiodarone and internal standard were separately prepared in methanol and diluted and combined to obtain working solutions. Stock solutions were stored at -20 °C and working solutions were kept refrigerated (2-6 °C) and protected from light. The working solutions were used to prepare 12 calibrators in blank plasma (0.01, 0.02, 0.04, 0.08, 0.16, 0.32, 0.64, 1.0, 2.0, 3.0, 4.0 and 5.0  $\mu g/ml$ ) and blank tissue homogenates (0.005, 0.01, 0.02, 0.04, 0.08, 0.25, 1.25, 6.25, 12.5, 25, 62.5 and 125  $\mu g/ml$ , corresponding to wet tissue concentrations of 0.02, 0.04, 0.08, 0.16, 0.32, 1, 5, 25, 50, 100, 250 and 500  $\mu g/g$ , respectively). Quality control samples were prepared in a similar way with plasma concentrations of 0.04, 1 and 5  $\mu g/ml$ , and tissue homogenate concentrations of 0.02, 0.25 and 25  $\mu g/ml$ , corresponding to wet tissue concentrations of 0.08, 1 and 100  $\mu g/g$ , respectively.

#### 2.5. Extraction procedure

To a 10-ml glass centrifuge tube, 400  $\mu$ l of plasma or tissue homogenate, 100  $\mu$ l of working solution (containing 100  $\mu$ g/ml internal standard), 100  $\mu$ l of 1 M glycine buffer (pH 1.0) and 5 ml of acetonitrile were added. After precipitation of the protein fraction (at 5000 × g, 10 min, 4 °C), the supernatant was transferred to a second 10-ml glass centrifuge tube and evaporated to dryness under nitrogen at 37 °C. To the residue, 1 ml of 1 M glycine buffer (pH 10.5) and 2 ml of a mixture of heptane and dichloromethane (50/50, v/v) were added. After extraction and centrifugation (at 5000 × g, 10 min, 4 °C), the supernatant was transferred to a third 10-ml glass centrifuge tube and evaporated to dryness under nitrogen at 37 °C. The residue was reconstituted with 50  $\mu$ l of mobile



**Fig. 2.** Representative chromatograms after extraction of (A) blank human plasma, (B) blank human plasma spiked with 0.04  $\mu$ g/ml (lower limit of quantification) and (C) blank human plasma spiked with 5  $\mu$ g/ml of ( $\alpha$ ) dronedarone, ( $\beta$ ) debutyldronedarone, ( $\gamma$ ) desethylamiodarone and ( $\delta$ ) amiodarone. Spiked concentrations of ( $\varepsilon$ ) internal standard were five times higher than analyte concentrations.



**Fig. 3.** Representative chromatograms after extraction of (A) blank goat myocardial tissue homogenate, (B) blank goat myocardial tissue homogenate spiked for corresponding wet tissue concentrations of 0.08  $\mu$ g/g (lower limit of quantification) and (C) blank goat myocardial tissue homogenate spiked for corresponding wet tissue concentrations of 20  $\mu$ g/g of ( $\alpha$ ) dronedarone, ( $\beta$ ) debutyldronedarone, ( $\gamma$ ) desethylamiodarone and ( $\delta$ ) amiodarone. Spiked concentrations of ( $\varepsilon$ ) internal standard were five times higher than analyte concentrations.

phase and was transferred to an autoinjector vial. A  $10-\mu$ l aliquot of the reconstituted extract was injected by the autoinjector.

#### 2.6. Method validation

Linearity of the assay was assessed using 12-point calibration curves (prepared in triplicate). Peak area ratios of dronedarone, debutyldronedarone, amiodarone and desethylamiodarone to internal standard were plotted against the corresponding concentrations and linear regression was performed using a 1/x weighted linear regression method. Within- and between-day accuracy and precision were assessed in guality control samples at three concentrations (with plasma concentrations of 0.04, 1 and  $5 \mu g/ml$ , and tissue homogenate concentrations of 0.02, 0.25 and 25 µg/ml, corresponding to wet tissue concentrations of 0.08, 1 and  $100 \mu g/g$ , respectively). For within-day measurements, five independently prepared samples for each concentration level were injected on the same day with 2-h intervals. For between-day measurements, sample preparations and injections were performed on 5 different days. Accuracy was expressed as relative error (%R.E.) between the mean found concentration and the spiked concentration. Precision was expressed as relative standard deviation (%R.S.D.), being the ratio between the standard deviation and the mean found concentration. The limit of detection (LOD) was defined as the lowest concentration on the calibration curve with a signal-to-noise ratio of  $\geq$ 3. Lower limit of quantification (LLOQ) was defined as the lowest concentration on the calibration curve that can be measured with a R.E. of <±20% and a R.S.D. of <20%. Recovery was calculated as the ratio of mean peak area from extracted quality control samples to the mean peak area from directly injected standards determined at three concentrations (with plasma concentrations of 0.04, 1 and 5 µg/ml, and tissue homogenate concentrations of 0.08, 1 and 100 µg/g, respectively) in triplicate.

## 3. Results and discussion

#### 3.1. Optimization of HPLC conditions

HPLC separations were initially tested on five types of Pathfinder polymeric C18 columns (AS, AP, EP, MR and PS). The PS column provided the best peak shapes combined with relatively

#### Table 1

Slope and intercept of calibration curves in spiked plasma (human and goat) and myocardial tissue (goat).

	Dronedarone	Debutyldronedarone	Amiodarone	Desethylamiodaron
Plasma (human)				
Slope $\pm$ S.D.	$0.0314 \pm 0.0007$	$0.0329 \pm 0.0007$	$0.0487 \pm 0.0009$	$0.0541\pm0.0012$
Intercept $\pm$ S.D.	$-0.0019 \pm 0.0010$	$-0.0009 \pm 0.0008$	$-0.0010\pm0.0004$	$-0.0025\pm0.0018$
Plasma (goat)				
Slope $\pm$ S.D.	$0.0312 \pm 0.0007$	$0.0330 \pm 0.0008$	$0.0486 \pm 0.0011$	$0.0540 \pm 0.0014$
Intercept $\pm$ S.D.	$-0.0016 \pm 0.0008$	$-0.0011\pm0.0007$	$-0.0013\pm0.0006$	$-0.0022\pm0.0019$
Myocardial tissue (goat)				
Slope $\pm$ S.D.	$0.0321 \pm 0.0002$	$0.0343 \pm 0.0001$	$0.0506 \pm 0.0011$	$0.0565 \pm 0.0010$
Intercept $\pm$ S.D.	$-0.0013 \pm 0.0008$	$-0.0016 \pm 0.0003$	$-0.0017\pm0.0016$	$-0.0019\pm0.0007$

#### Table 2

Precision, accuracy and recovery (C, concentration; R.S.D., relative standard deviation; R.E., relative error; Rec, recovery).

	Spiked C (µg/ml)	Within-day			Between-day			Rec (%)
		Found C (µg/ml)	R.S.D. (%)	R.E. (%)	Found C (µg/ml)	R.S.D. (%)	R.E. (%)	
Plasma (human)								
Dronedarone	0.04	0.043	13.9	6.1	0.043	16.3	6.9	74.5
	1	0.979	2.6	-2.1	0.989	3.3	-1.1	76.6
	5	5.053	3.2	1.1	4.979	2.0	-0.4	78.2
Debutyldronedarone	0.04	0.043	12.8	7.1	0.043	17.2	8.1	75.6
	1	0.986	2.6	-1.4	0.993	3.5	-0.7	76.9
	5	5.065	2.8	1.3	5.015	1.2	0.3	79.0
Amiodarone	0.04	0.043	16.4	7.0	0.044	15.7	9.4	67.8
	1	1.011	4.3	1.1	1.015	4.0	1.5	70.7
	5	5.107	3.3	2.1	4.979	1.3	-0.4	71.8
Desethylamiodarone	0.04	0.043	15.6	6.5	0.043	16.7	8.0	72.0
	1	0.986	3.6	-1.4	1.008	3.3	0.8	74.7
	5	4.964	2.4	-0.7	5.105	2.7	2.1	73.7
Dia anna (ana sti)								
Plasma (goat)	0.04	0.042	11.5	5.6	0.041	15.0	64	73.9
Dioneduione	1	0.975	22	-2.5	0.985	3.4	-15	75.5
	5	5.031	2.9	0.6	4.961	2.5	-0.8	77.7
Debutuldropedarope	0.04	0.043	13.1	64	0.043	17.6	7.0	74.6
Debutylaronedurone	1	0.981	2.4	-19	0.989	3.6	-11	76.1
	5	5.043	2.5	0.9	4.945	1.7	-1.1	78.3
Amiodarone	0.04	0.043	15.7	6.4	0.044	14.7	8.8	67.6
	1	1.007	4.7	0.7	1.026	3.7	2.6	70.3
	5	5.086	3.6	1.7	4.958	1.2	-0.8	71.5
Desethylamiodarone	0.04	0.042	15.1	5.9	0.043	16.3	7.6	72.1
	1	0.982	3.2	-1.8	1.003	3.7	0.3	74.2
	5	4.943	2.2	-1.1	5.088	3.3	1.8	73.4
	Spiked $C(ug/g)$	Within-day		Between-day		Rec (%)		
	Spiked e (µg/g)	Found C (ug/g)		<b>DE</b> (%)	Eound C (u g/g)		DE (%)	Rec (70)
		Found C (µg/g)	K.S.D. (%)	K.E. (%)	Found C (µg/g)	K.S.D. (%)	K.E. (%)	
Myocardial tissue (goat)	0.09	0.097	0.7	0.0	0.088	12.0	0.7	60.0
Diolledatolle	1	0.087	3.7	9.0	1.007	12.0	9.7	74.7
	100	101 687	21	17	101 033	3.1	1.0	79.1
Debutyldronedarone	100	101.007	2.1		101.055	5.1		75.1
	0.08	0.086	10.1	7.5	0.086	10.2	7.7	69.9
	1	0.997	2.9	-0.3	1.012	4.9	1.2	72.2
	100	101.239	2.8	1.2	101.385	3.5	1.4	79.9
Amiodarone	0.08	0.084	11.5	5.3	0.087	11.1	8.3	69.5
	1	0.987	4.3	-1.3	1.000	2.5	0.0	68.6
	100	99.425	3.0	-0.6	100.668	2.0	0.7	72.0
Desethylamiodarone	0.08	0.087	9.7	6.2	0.079	13.3	7.8	68.7
	1	1.014	2.7	1.4	0.980	5.2	-2.0	71.2
	100	99.518	3.7	-0.5	100.437	2.5	0.4	75.5

short retention times and was used for further analysis. Various mixtures were evaluated as mobile phase, differing in pH and in volume percentages of acetonitrile, isopropanol and water. A mobile phase with volume percentages of 80% acetonitrile, 10% isopropanol, 10% water and 0.025% ammonia (producing a pH of 10.5), yielded good peak shapes with retention times of 2.7, 3.1, 4.3 and 5.6 min for dronedarone, debutyldronedarone, desethylamiodarone and amiodarone, respectively. Three compounds were screened as internal standard. Promethazine and tamoxifen had retention times of less than 2 min and were liable to early interfering peaks. 4,4'-Methylenebis(2,6-diisopropyl-N,Ndimethylaniline) had a retention time of 7.5 min, 2 min longer than the retention time of amiodarone, and was examined as internal standard during further assay validation.

### 3.2. Optimization of extraction

After deproteinization, interference was present in chromatograms of reconstituted acetonitrile residues. This could be minimized by addition of glycine buffer (pH 10.5) to acetonitrile residues and subsequent extraction with a mixture of heptane and dichloromethane. Although recovery decreased, the resulting chromatograms allowed for increased sensitivity and specificity. Representative chromatograms after extraction of plasma samples and tissue homogenates are shown in Figs. 2 and 3.

### 3.3. Method validation

Twelve-point calibration curves, prepared in triplicate, showed a good linearity (regression coefficients >0.999) for all analytes in human and goat plasma samples (range  $0.01-5 \mu g/ml$ ) and tissue homogenates (corresponding wet tissue concentration range of  $0.02-500 \mu g/g$ ) (Table 1). Within- and between-day precision (expressed as relative standard deviation) was <18%, within- and between-day accuracy (expressed as relative error) ranged from -2.5 to 9.7%, and recovery ranged from 67.6 to 79.9% (Table 2). The limit of detection (LOD) and lower limit of quantification (LLOQ) for all analytes in plasma samples were 0.01 and 0.04, respectively. For myocardial tissue samples, LOD and LLOQ were 0.02 and 0.08, respectively.

### 4. Conclusion

The proposed HPLC–UV method enables detection of dronedarone and debutyldronedarone in plasma and myocardial tissue, and has been validated with respect to linearity, accuracy, precision, recovery, limit of detection and lower limit of quantification. This method may be used for pharmacokinetic studies or for measuring dronedarone levels in patients for whom under- or overdosage is suspected.

In addition, the present assay has been validated for determination of amiodarone and desethylamiodarone with limits of detection for plasma samples comparable to the lowest limits of detection reported in previous HPLC–UV assays [9,12–14]. Moreover, this paper reports the lowest limits of detection for tissue samples, as other studies mainly showed validation data for plasma samples, but showed only limited data for tissue samples.

A 10-min chromatographic runtime was used to validate the current method for both dronedarone and amiodarone (and principal metabolites). However, for selective determination of dronedarone and debutyldronedarone one may use desethylamiodarone as internal standard to achieve a runtime of less than 5 min.

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